

## Absent ejaculation/orgasm



### Introduction

Absent ejaculation/orgasm, a condition where individuals may experience difficulty reaching ejaculation or orgasm, is a phenomenon that can significantly impact one's physical and mental well-being. In the realm of traditional medicine, particularly the Unani system of medicine, this condition is considered treatable through natural remedies and therapeutic approaches.

In the Unani system of medicine, which has its roots in ancient Greek philosophy as well as Islamic medicine, the concept of absent ejaculation or orgasm is understood through the lens of humoral theory and balance in the body.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



According to Unani philosophy, disturbances in the balance of the four humors - blood, phlegm, yellow bile, and black bile - can lead to various health disorders, including sexual dysfunctions like absent ejaculation or orgasm. Absent ejaculation or orgasm refers to the inability to ejaculate semen or achieve orgasm during sexual activity. This condition can have a significant impact on an individual's sexual health and overall well-being. In this essay, we will explore the concept of absent ejaculation/orgasm within the modern system of medicine, focusing on its causes and treatment approaches.

## Causes of Absent

## Ejaculation/Orgasm Physical Factors

Various physical factors can contribute to absent ejaculation/orgasm. Nerve damage, hormonal imbalances, and certain medications can all affect the body's ability to ejaculate or reach orgasm.

## Psychological Factors

Psychological issues such as stress, anxiety, and depression can also play a role in absent ejaculation/orgasm. Mental health conditions can impact sexual function and may result in difficulties achieving ejaculation or orgasm.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



## Relationship Issues

Problems in a relationship or difficulties with communication between partners can lead to absent ejaculation/orgasm. Emotional disconnect or unresolved conflicts can affect sexual intimacy and satisfaction.

## Lifestyle Factors

Certain lifestyle choices like excessive alcohol consumption or drug use can interfere with sexual function and contribute to absent ejaculation/orgasm. Substance abuse can have a negative impact on overall sexual health.

## Medical Conditions

Underlying medical conditions such as diabetes or prostate problems can be associated with absent ejaculation/orgasm. These health issues can affect the body's physiological processes related to sexual function.

The causes of absent ejaculation/orgasm in Unani medicine can be multifaceted and may include factors such as an imbalance in the humors, excessive stress, dietary issues, lifestyle habits, and underlying health conditions.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



The treatment approaches in Unani medicine for addressing this condition typically involve a holistic approach that aims to restore the balance of humors and rejuvenate the body through natural remedies and lifestyle modifications.

## Diagnosis of Absent Ejaculation/Orgasm

Diagnosing the underlying cause of absent ejaculation/orgasm typically involves a comprehensive evaluation by a healthcare provider. This may include:

- **Medical History and Physical Examination:** Gathering information about symptoms, medical history, and conducting a physical exam to assess overall health.
- **Blood Tests:** Checking hormone levels, particularly testosterone, to identify any hormonal imbalances that may be contributing to the condition.
- **Nerve Function Tests:** Assessing nerve function to determine if there are any issues affecting the transmission of signals related to ejaculation.
- **Psychological Evaluation:** Evaluating psychological factors such as stress, anxiety, or depression that may be impacting sexual function.
- **Imaging Tests:** In some cases, imaging tests like MRI or ultrasound may be recommended to rule out any physical abnormalities contributing to absent ejaculation/orgasm.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)

## Treatment of Absent Ejaculation/Orgasm

The treatment of absent ejaculation/orgasm depends on the underlying cause identified through the diagnostic process.

Treatment approaches may include:

- Addressing Underlying Physical or Medical Conditions: Treating any physical conditions such as hormonal imbalances or nerve damage that may be affecting ejaculation/orgasm.
- Medications: Prescribing medications to correct hormonal imbalances or manage other medical issues contributing to absent ejaculation/orgasm.
- Therapy: Engaging in therapy, such as cognitive-behavioral therapy or sex therapy, to address psychological factors that may be impacting sexual function.
- Couples Therapy: Participating in couples therapy to improve communication and address relationship issues that may be contributing to absent ejaculation/orgasm.
- Lifestyle Changes: Implementing lifestyle modifications like reducing alcohol intake, quitting drugs, and adopting healthier habits to improve overall sexual health.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



One notable contribution to the treatment of absent ejaculation/orgasm in the Unani system of medicine comes from the renowned Unani physician, Dr. Qasmi. Dr. Qasmi is known for his expertise in formulating effective herbal remedies for a range of health conditions, including sexual dysfunctions. Among his notable formulations for absent ejaculation/orgasm are Nuskha No. 108, Nuskha 104, and Nuskha 129.

Nuskha No. 108, a herbal formulation devised by Dr. Qasmi, is aimed at addressing the underlying causes of absent ejaculation or orgasm by targeting the root imbalances in the body. This formulation is believed to have a harmonizing effect on the humors, thereby promoting healthy sexual function and restoring normal ejaculation and orgasm.

Similarly, Nuskha 104, another formulation by Dr. Qasmi, is designed to enhance vitality and stamina, which are essential for a healthy sexual response. By incorporating potent herbs and natural ingredients known for their aphrodisiac properties, Nuskha 104 aims to improve overall sexual function and help individuals overcome the challenges of absent ejaculation or orgasm.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



Additionally, Nuskha 129, a formulation recommended by Dr. Qasmi, focuses on strengthening the reproductive system and promoting healthy sperm production. This formulation is particularly beneficial for individuals experiencing absent ejaculation or orgasm due to issues with sperm quality or quantity. By nourishing the reproductive tissues and enhancing sperm production, Nuskha 129 can help improve fertility and sexual vitality.

In addition to these specific formulations, Dr. Qasmi also advocates the use of spermogenic, a natural supplement known for its sperm-boosting properties. Spermogenic is believed to be highly effective in enhancing sperm count, motility, and overall sperm health, which can have a positive impact on sexual function and fertility. By incorporating spermogenic into the treatment regimen for absent ejaculation/orgasm, individuals can potentially experience improvements in their sexual health and overall well-being.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)



## Conclusion

In conclusion, absent ejaculation/orgasm is a condition that can be effectively addressed through the holistic principles of the Unani system of medicine and the expertise of practitioners like Dr. Qasmi. By utilizing herbal formulations such as Nuskha No. 108, Nuskha 104, and Nuskha 129, as well as supplements like spermogenic, individuals struggling with absent ejaculation or orgasm can explore natural and safe treatment options that promote sexual health and vitality. The efficacy of these treatments highlights the potential of traditional medicine in offering comprehensive solutions for sexual dysfunctions and enhancing overall quality of life. Absent ejaculation/orgasm is a complex issue that can have significant implications for an individual's sexual health and quality of life. It is essential to seek professional help for an accurate diagnosis and appropriate treatment. By addressing the physical, psychological, and relational aspects of absent ejaculation/orgasm, individuals can work towards restoring sexual function and overall well-being within the framework of the modern system of medicine.



+91-9452580944



+91-5248-359480



[www.sairahealthcare.com](http://www.sairahealthcare.com)